

*Intelligence plus character—that is the goal of true education.*

-Martin Luther King Jr.



*The object of education is to prepare the young to educate themselves throughout their lives.*

-Robert M. Hutchins



**Diamond Jenness Secondary School**  
***“Strive for Excellence”***

# Leadership & Resiliency Program



*To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment.*

-Ralph Waldo Emerson

Diamond Jenness Secondary School is committed to preparing each student to successfully contribute to a rapidly changing, multicultural society within the NWT, Canada, and the world.



DJSS believes all students have the potential to be leaders and strives to foster an environment that will promote those abilities and skills. To do this, DJSS is offering the students an opportunity to sign up for the **Leadership & Resiliency Program (LRP)**

### *LRP Components*

**Resiliency Groups**— facilitated discussion groups focusing on building leadership and resiliency skills, occurring once a week.

**Service Learning Opportunities**— an opportunity to practice leadership/resiliency skills in a community setting, occurring once a month.

**Alternative Adventure Activities**— an opportunity to practice leadership/skills in a challenging environment, occurring once a month.

### **Key Resilience Areas**

LRP will concentrate on strengthening these 3 key resiliency areas:

**Personal competence/coping strategies:** as a prevention strategy to address real life concerns

**Healthy, positive relationships: with self, peers, adults and community**

**Goal setting:** to support student development

*Resiliency is the ability to spring back from and successfully adapt to adversity.*

-Nan Henderson

The Leadership & Resiliency Program will start 2nd semester, February 2010. It will take place during school hours on a weekly basis, with the occasional after school Alternative Adventure or Service Learning Opportunity.

Upon completion of LRP, students will be eligible for Career Technology Studies credits, or Senior High credits

LRP is a 5 year pilot project funded by The National Crime Prevention Center, and will have an evaluation component to ensure success.



*We are responsible for what we are and whatever we wish to be, we have the power to make ourselves.*

-Anonymous